



PRE TOURS

Note:

1) All pre tours are to be completed before the start of the conference

1. Bako National Park (0845 hrs – 1530hrs | Daytrip)

This small peninsula, 1 ½ hours from Kuching by car and boat, is home to seven distinct rainforest ecosystems, giving it a remarkable diversity of animal and plant life. Bako's most famous residents are the bizarre proboscis monkeys, and it is also home to silvered langurs (leaf monkeys), long-tailed macaque monkeys, wild boar, flying squirrels and monitor lizards as well as hundreds of different bird species. Fascinating plant life includes mangroves, strangling figs, carnivorous pitcher plants and symbiotic ant plants. Unique geological features mark the coastline, including the famous Sea Stack, whilst well-marked trails lead to rugged jungle-covered hilltops and secluded beaches.

Duration: Approx. 6.5 hours

Inclusive of: Park Entrance fee, Experienced Park Guide, Boat transfers, Packed lunch, Return transfers to and from city hotels in A/C coaches

Fitness level: Moderate (2 hours trekking in dense rainforest and mangrove lined coast)

Requirements: Sun Block, Insect Repellant, Good pair of trekking shoes/ trainers.

Minimum: 2 persons

Rate: MYR 235.00 per person





2. Daytrip Fairy and Wind Cave (0830 hrs – 1600 hrs) Daytrip)

The town of Bau, 22km from Kuching is famous as a gold mining centre and as the headquarters of the Chinese Rebellion of 1857. Nowadays its most popular attractions are two unusual limestone caves. The Fairy Cave is so-called because of a stalagmite structure at its entrance, which is said to resemble Kuan Yin, the Chinese Goddess of Mercy. The Wind Cave is named for the constant cooling breeze, which blows through it. Visitors can then explore the rock formations, and admire the natural limestone sculptures.

Duration: Approx. 7 hours

Inclusive of: Park Entrance fee, Experienced Park Guide, Packed lunch, Return transfers to and from city hotels in A/C coaches

Fitness level: Easy to Moderate (Plank walk and stairs)

Requirements: Good walking shoes

Minimum: 2 persons

Rate: MYR 160.00 per person





3. Daytrip Rainforest Kayaking (0830 hrs – 1600 hrs| Daytrip)

Treat yourself to a fun filled kayaking adventure in some of the most beautiful natural settings in Kuching! Paddle leisurely from the upper reaches of Sungai Sarawak. Savour the sights of unique limestone formations and towering riverine trees while enjoying the peace and tranquility of the rainforest. Discover the fascinating carnivorous pitcher plant *Nepenthes* in their natural habitat. Get to know some local herbs, spices, vegetables and fruits in a native Bidayuh village. Take a cool dip and have your packed lunch on a sandy bank. Ends at Kpg. Semadang, Borneo Highlands.

Duration: Approx. 7 hours

Inclusive of: Experienced Kayak Guide, Kayaking Equipments, Packed lunch, Return transfers to and from city hotels in A/C coaches

Fitness level: Moderate

Requirements: Swim wear, Hat, Sun Block, Insect Repellant, Towel

Minimum: 2 persons

Rate: MYR 200.00 per person





4. 2 Days 1 Night Lemanak River Safari (0830 hrs – 1430 hrs (following day) | Overnight)

A fascinating insight into traditional Sarawak culture and lifestyle

Day 01: A 225 km car/coach journey takes you through lush green countryside dotted with padi fields, pepper gardens and rubber plantations, and flanked by rugged jungle-clad mountains. Along the way, stop off at the Serian farmer's market, visit a pepper garden and view carnivorous pitcher plants. Stop for lunch at a roadside bazaar deep in Iban country. Arrive at Lemanak jetty mid-afternoon for a longboat ride up the Lemanak River, passing through typical Borneo countryside with an ancient longhouse tucked behind almost every bend in the river. Arrive at Ngemah Longhouse and visit the "entire village under one roof." Dinner, featuring delicious fresh jungle produce, is served in the simple guest-house. After dinner, return to the longhouse for an evening's entertainment, including traditional dancing, music, games and a glass or two of tuak (rice wine) with the longhouse chief. The Iban are a fun-loving people, and visitors are expected to join in! Overnight in the guest house.

Day 02: After breakfast, enjoy a blowpipe demonstration and try shooting one yourself. Then take a short walk through the forest accompanied by traditionally-clad Iban trackers, and learn about the traditional uses of rainforest plants in Iban culture. Depart for Kuching via the same route. Lunch is served en-route.

Duration: 2 days / 1 night

Inclusive of: Experienced English Speaking Guide, Boat Transfers, Meals (2L, 1D, 1B), Basic Accommodation (Dormitory), Return transfers to and from city hotels in A/C coaches

Fitness level: Easy to Moderate (Nature & Cultural Visit)

Requirements: Swim wear, Hat, Sun Block, Insect Repellant, Torch Light, Good Walking Shoes

Minimum: 2 persons

Rate: MYR 550.00 per person





5. 3 Days 2 Nights Lemanak / AimanBatang Ai Combination (0830 hrs – 1430 hrs (3rd day) | Overnight)

The best of both worlds – traditional longhouse hospitality and refined Hilton luxury

Day 01: Journey and overnight in Ngemah Longhouse as per Lemanak River Safari (see overnight Lemanak).

Day 02: After breakfast, enjoy a blowpipe demonstration and try shooting one yourself. Then take a short walk through the forest accompanied by traditionally-clad Iban trackers, and learn about the traditional uses of rainforest plants in Iban culture. The walk ends at the river bank, where you embark in a longboat for a journey upriver to a tree-lined jungle pool. Lunch is cooked at the riverside in traditional Iban style – all ingredients are steamed in freshly-cut bamboo tubes over an open fire. After lunch, bathe in the pool or relax at the waterside. The return journey is done in traditional style to the sounds of the rainforest – boats are propelled with poles instead of outboard motor. Return downriver for transfer to Batang Ai jetty. After a 30 minute boat river across the 24 sq km Batang Ai Hydro Lake, arrive at the Aiman Batang Ai Resort. Dinner and accommodation at the Resort.

Day 03: Breakfast at the resort, followed by a short nature walk with the resort's resident guide. Depart for Kuching via the same route. Lunch is served en route.

Duration: 3 days / 2 nights

Inclusive of: Experienced English Speaking Guide, Boat Transfers, Meals (3L, 2D, 2B), Basic Accommodation (Dormitory) & Resort Accommodation, Return transfers to and from city hotels in A/C coaches

Fitness level: Easy to Moderate (Cultural Visit with short jungle walk)

Requirements: Swim Wear, Hat, Sun Block, Insect Repellent, Torch Light, Good Walking Shoes.

Minimum: 2 Persons – Twin Sharing

Rate: MYR 1075.00 per person





6. 3 Days 2 Nights Aiman Batang Ai Deluxe (0830 hrs – 1430 hrs (3rd day) | Overnight)

Day 01: Today depart for 3 Days / 2 Nights Deluxe Batang Ai Tour from Kuching by air-conditioned van / coach for Aiman Batang Ai Resort, 166 miles from Kuching City, passing through scenic countryside consisting of quaint little towns, villages, padi fields, pepper and oil palm plantations interspersed with secondary and virgin jungle as the road starts to wind and undulate as you go deeper into the interior. Stop for lunch at Lachau, a small town on the way to the resort. Arrive at the Hydro lake at Lubok Antu. Board a shuttle ferry for the resort situated on the southern bank. Dinner and overnight at the Aiman Batang Ai Resort. (L / D)

Day 02: Breakfast at the Resort. Depart for Mengkak Longhouse or similar by motorized native longboat. The journey will take you across the lake into the Engkari River, one of the many tributaries flowing into the lake. The journey will take approximately 35 to 40 minutes before reaching Mengkak Longhouse nestled on a hill beside the river. Enjoy a short cultural performance by the inhabitant of the longhouse followed later on by a blow pipe demonstration. Lunch will be provided either at the Longhouse or by the riverbank and if weather permits we will go for a short jungle walk around the vicinity of the longhouse. Later on in the afternoon return back to the Resort via the same route for Dinner and accommodation at resort (Breakfast / Lunch / Dinner)

Day 03: After breakfast depart for Kuching via the same route as your arrival. Stop for lunch at a small roadside town before continuing your journey to Kuching. (B / L)

Duration: 3 days / 2 nights

Inclusive of: Experienced English Speaking Guide, Boat Transfers, Meals (3L, 2D, 2B), Resort Accommodation, Return transfers to and from city hotels in A/C coaches

Fitness level: Easy to Moderate (Cultural Visit with short jungle walk)

Requirements: Swim wear, Hat, Sun Block, Insect Repellant, Torch Light, Good Walking Shoes

Minimum: 2 persons – Twin Sharing

Rate: MYR 1325.00 per person





7. 3 Days 2 Nights Mulu Show Caves

Even though they have only been partially explored, the vast caves of Gunung Mulu National Park are believed to be one of the world's largest and the four show caves offer visitors an unforgettable encounter with nature at her most majestic.

Day 01: Arrival transfer and check into Royal Mulu Resort. Transfer to Mulu National Park headquarters, and proceed on foot along a wooden plank walk through virgin rainforest for 45 minutes to the entrance of Deer Cave, the world's largest cave passage and Lang Cave. After exploring the caves, proceed to bats observatory to observe bats flying out of caves entrance at late evening (only confine to fine weather) Return via same plank walk to park headquarters and transfer back to resort. Dinner and overnight at the resort.

Day 02: After breakfast, journey by longboat along the Melinau River to the Wind Cave, and explore the King's Room, a remarkable display of spectacular stalagmites. Continue by boat to the Clearwater Cave, where a tributary of Melinau emerges from deep underground. Explore the Clearwater Cave, the longest cave passage in Southeast Asia, and view the rock formations of the Young Lady. Picnic lunch at Clearwater summer huts and later on enjoy a swim at Clearwater spring. Late afternoon return transfer by longboat to resort. Dinner and overnight at resort.

Day 03: Breakfast at resort. Free at own leisure until transfer to Mulu airport for departure flight.

Duration: 3 days /2 nights

Inclusive of: Entrance Fee, Experienced English Speaking Guide, Boat Transfers, Meals (2B, 1L), Resort Accommodation, Tours and Transfers as stated

Fitness Level: Moderate (Some climbing of stairs)

Requirements: Swim wear, Raincoatk, Insect Repellant, Torch Light, Own drinking bottle and First aid kit

Minimum: 2 persons –Twin sharing

Rate: MYR 880.00 per person





POST TOURS

Note:

- 1) All post tours with accommodation requirements are subject to availability**
- 2) Tours which are under the EXTREME category are only available for POST tours. A certain amount of time is required for physical recovery due to strenuous walking/trekking.**

1. 3 Days 2 Nights Mulu Pinnacles

Day 01: Upon arrival at Mulu Airport, transfer to jetty for longboat ride to Batu Bungan – Penan Settlement. Picnic lunch at Clearwater summer huts and relax for a while.

Continue journey by longboat to Long Litut. Adventure begins with a 3 hour trek to Camp 5. Dinner and overnight at Camp 5.

Day 02: After breakfast at Camp 5, begin your climb up Gunung Api. Depending on your stamina and strength, normally a 3 hours climb is sufficient to reach the peak to view the magnificent Pinnacles. During the climb you will see many species of plants and insects. Packed lunch will be served at the observatory point. After lunch descend back down to Camp 5. Dinner and overnight at Camp 5.

Day 03: Breakfast at Camp 5 and jungle trek to Long Litut where your longboat transfer will bring you back to Clearwater summer hut for a picnic lunch. You can enjoy swimming at the clear water spring after lunch. Transfer by longboat and by land to Mulu airport for your departure flight.

Duration: 3 days /2 nights

Inclusive of: Entrance Fee, Experienced English Speaking Guide, Boat Transfers, Meals (3L, 2D, 2B), Basic Accommodation, Tours and Transfers as stated

Fitness level: Extreme (Extreme climbing and trekking- Requires high fitness level)

Requirements: Swim wear, Hat, Sun Block, Insect Repellant, Torch Light ,Trekking Shoes, Towel, Sleeping Bag, Rain coat , Own drinking bottle, First Aid Kit

Minimum: 2 persons

Rate: MYR 1050.00 per person





2. Sarawak Jungle Escapade (4 Days / 3 Nights) (0830 hrs – 1430 hrs (4th day) | Overnight)

Trekking deep into heart of Borneo

Day 01: Journey very similar to Lemanak River Safari (Lemanak overnight) to arrive at Batang Ai Hydro Lake. A 1 ¼ hour longboat journey takes you across the deep blue water of the lake and up the narrow Batang Ai River, past rugged hillsides dotted with rice fields and Pepper gardens, to Jingin or similar. Visit this 10 door longhouse and learn all about this “entire village under 1 roof.”

Dinner is served in the simple guest-house. After dinner, return to the long-house for a n evening’s entertainment, including traditional dancing, music, games, and a glass or two of tuak (rice wine). The Iban are a fun-loving people, and visitors are expected to join in! Overnight in the longhouse.

Day 02: Breakfast at the Longhouse. Depart Jingin longhouse for 3 days / 2 nights trekking deep into the heart of Borneo, accompanied by experienced Iban trackers. The trek takes you into the remote Batang Ai National Park, near the Indonesian border, between 900 and 1600 m above sea level. The area is home to a large population of wild orang utan, there is a good possibility of an encounter with one of these “men of the forest.” Other wildlife and fascinating plant life are also abundant. Overnight in tents or makeshift shelters constructed from leaves and branches.

Day 03: Continue trekking and exploring the rainforest, observe at close hand the unique flora and fauna that populate the remarkable ecosystem, and learn how to survive in the jungle. Overnight in the jungle.

Day 04: After breakfast in the jungle, depart by longboat downriver and across the lake to the jetty. Return to Kuching via the same route. Lunch is served en route.

Duration: 4 days / 3 nights

Inclusive of: Experienced English Speaking Guide, Boat Transfers, Meals (4L, 3D, 3B), Basic Accommodation and Tents, Return transfers to and from city hotels in A/C coaches

Fitness level: Extreme (Adventure & Cultural Visit – Requires high fitness level)

Requirements: Swim wear, Hat, Sun Block, Insect Repellant, Torch Light, Good Trekking Shoes

Note: Extended stays can be arranged to trek deeper into the jungle, with an ever-greater possibility of seeing rare wildlife.

Minimum: 2 persons

Rate: MYR 2450.00 per person





3. Sarawak Rafting Escapade (4 Days / 3 Nights) (0830 hrs – 1430 hrs (4th day) | Overnight)

A traditional rainforest adventure

Day 01: Journey and overnight in Ugat longhouse as per Sarawak Jungle Escapade.

Day 02: After breakfast, travel upriver by longboat to the remote Lubok Pantau longhouse. The water flows faster as the boat climbs higher, and the boatman frequently has to “shoot the rapids.” During the dry season, visitors may have to climb out and help push the boat. Lunch is cooked in traditional Iban style by the river bank. In the afternoon, arrive at the 13 door Lubok Pantau longhouse. Dinner and traditional entertainment in the longhouse. Overnight on comfortable traditional beds unrolled on the longhouse floor.

Day 03: Breakfast in the longhouse. Spend the morning building traditional Iban rafts, made from timber and bamboo lashed together with jungle creepers. Embark for downriver rafting trip in near-white-water conditions, accompanied one experienced Iban raft man for every 2 persons. Dinner and accommodation by the river bank (tents or traditional makeshift shelters) or in a nearby longhouse, depending on raft building progress.

Day 04: Breakfast by the river bank. Continue rafting to Ugat longhouse. Board a longboat to the jetty for van / coach transfer to Kuching, with lunch en route.

Duration: 4 days /3 nights

Inclusive of: *Experienced English Speaking Guide, Boat Transfers, Meals (4L, 3D, 3B), Basic Accommodation and Tents, Bamboo Rafts, Return transfers to and from city hotels in A/C coaches*

Fitness level: *Extreme (Adventure & Cultural Visit – Requires high fitness level)*

Requirements: *Swim wear, Hat, Sun Block, Insect Repellant, Torch Light, Good Trekking Shoes*

Minimum: 2 persons

Rate: MYR 2450.00 per person





DAILY TOURS

1. Sarawak River Cruises

The very best way to see and enjoy historic Kuching is from the Sarawak River, the main artery around which the city has grown. Our Sarawak River Cruises give you a view of the city and its surroundings that is impossible to experience from dry land. From the comfort of our purpose-built pontoon boats you will enjoy unobstructed views of every aspect of traditional life on the river.

1.1. Morning Cruise (0900 hrs – 1100 hrs)

This cruise takes you past a host of fascinating sights to get a close-up view of traditional life on and around the river. The boat glides past colourful Malay Villages, the elegant City Mosque, the Astana, Fort Margherita and the Kuching Waterfront. Along the way you will see brightly-painted tambangs ferrying passengers, villagers going about their everyday activities, and fishing boats and wooden cargo vessels plying the river.

1.2. Sunset Cruise (1700 hrs – 1900 hrs)

This cruise, running from late afternoon to twilight, follows a similar itinerary to the Morning Cruise, with the added pleasure of the setting sun as a backdrop (weather permitting). The cruise ends with colourful lights coming on all along the Kuching Waterfront as you approach the jetty.

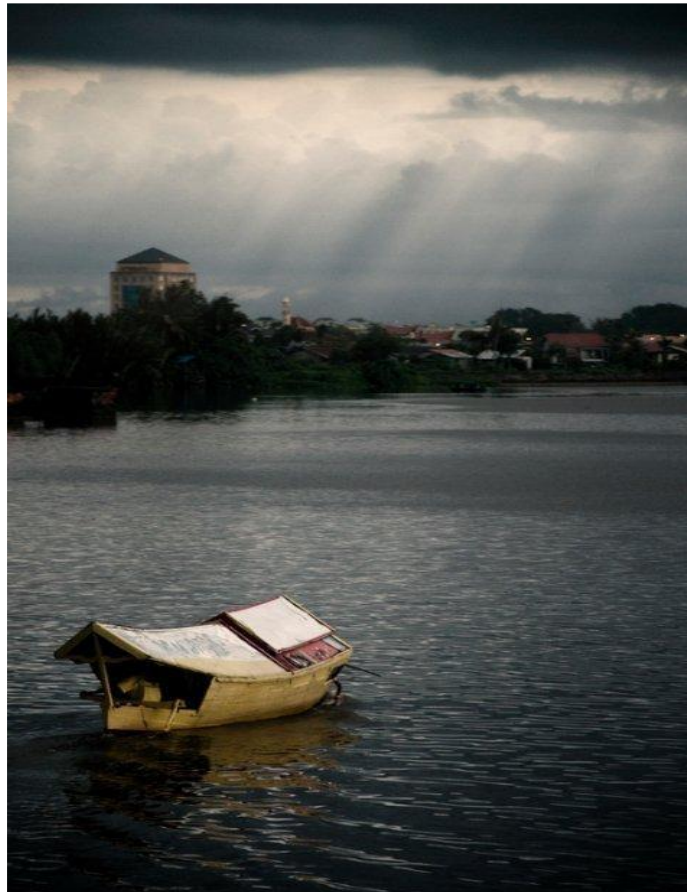
Duration: *Approx. 2 hours*

Inclusive of: *Boat Ride, English Speaking Boatman cum guide*

Fitness level: *Easy*

Minimum: *2 persons*

Rate: **MYR 75.00 per person**





2. Kuching City Tour (0900 hrs – 1200 hrs| Half-day)

The perfect introduction to Sarawak's historic capital, this tour includes Kuching's Chinatown, the Cat Statue (Kuching means "Cat" in Malay), the colourful Tua Pek Kong Chinese Temple, the Civic Centre Viewing Platform and the world famous Sarawak Museum. Across river, visit the unique Cat Museum. Return via the golden-domed City Mosque and through Old Kuching, passing colourful Central Markets with spice dealers and textile shops. Pass by the heritage buildings of the White Rajah era, the Pavilion, the Square Tower, the Court House, the Charles Brooke Monument and the Post Office.

Duration: Approx. 3 hours

Inclusive of: Experienced English Speaking Guide, Return transfers to and from city hotels in A/C coaches

Fitness level: Easy

Minimum: 2 persons

Rate: MYR 65.00 per person





3. Bidayuh Longhouse Tour (0900 hrs – 1200 hrs| Half-day)

Anah Rais is a large Bidayuh (Land Dayak) village about 45 minutes from Kuching. The focal point of the village is a large and well-preserved traditional bamboo longhouse which is home to dozens of families. This guided tour introduces visitors to the unique architectural and cultural features of the longhouse and the traditional farming lifestyle of the Bidayuh people.

Duration: *Approx. 3 hours*

Inclusive of: *Entrance fee, Experienced English Speaking Guide, Return transfers to and from city hotels in A/C coaches*

Fitness level: *Easy (Cultural)*

Minimum: *2 persons*

Rate: **MYR 90.00 per person**





4. Semenggoh Wildlife Center (0800 hrs – 1130 hrs) Half-day)

Semenggoh is known as one of the best place in Sarawak to view semi-wild orang utans, who have been rescued from captivity and trained to survive in the surrounding forest reserve. The rehabilitated animals roam freely in the rain forest, and often return to the centre at feeding time. Thanks to the successful breeding programme at Semenggoh there is a good possibility of experiencing one of the most heart-warming sights in Borneo – an orangutan mother with a young baby.

Duration: Approx. 3 hours

Inclusive of: Entrance fee, Experienced English Speaking Guide, Return transfers to and from city hotels in A/C coaches

Fitness Level: Easy (Wildlife)

Note: As the orang utan in Semenggoh are semi-wild, sightings cannot be guaranteed.

Minimum: 2 persons

Rate: MYR 80.00 per person





5. Sarawak Cultural Village (0900 hrs – 1200 hrs) Half-day

This award-winning living museum showcases Sarawak's unique and diverse cultures in an accessible, visitor-friendly setting just 35 minutes from Kuching. The seven authentic traditional buildings are set amidst a scenic 17 acre site and are populated by members of Sarawak's many ethnic groups, going about everyday activities. These include wood and bamboo carving, beadwork, weaving, sago-making, sugar-cane crushing, pepper-growing and the preparation of bird's nests. Visitors can learn how to throw a Malay spinning top, shoot a Penan blowpipe or pick out a tune on an Orang Ulu sape. The tour concludes with a colourful multi-ethnic cultural performance in the village's air-conditioned mini-theatre.

Duration: Approx. 3 hours

Inclusive of: Village Entrance fee, Experienced English Speaking Guide, Return transfers to and from city hotels in A/C coaches

Fitness level: Easy (Cultural)

Minimum: 2 persons

Rate: MYR 95.00 per person





6. Jong's Crocodile Farm (0900 hrs – 1200 hrs| Half-day)

Sarawak's legendary man-eating crocodiles are usually rare and elusive, but at Jong's Crocodile Farm, some 30 mins from Kuching, over 1,000 of these fearsome predators are bred in a 3 ½ acre complex. Visitors can see crocodiles being fed and learn all about their life cycle. Time will be allowed to visit the farm's mini-zoo, where goats, turkeys, monitor lizards, deer and pythons are also reared.

Duration: Approx. 3 hours

Inclusive of: Entrance fee, Experienced English Speaking Guide, Return transfers to and from city hotels in A/C coaches

Fitness level: Easy (Zoo visit)

Minimum: 2 persons

Rate: MYR 90.00 per person





7. Mangrove and Dolphin Watching Cruise (0830 hrs – 1200 hrs) Half-day

This trip of about 3 hours explores the many branches of the Santubong and Salak River Delta systems as they join the South China Sea. Enjoy a close view of the heavily silted mangrove Swamp which is a safe haven to the myriad creatures like the reptiles, mud skippers, crabs, shell fish , monkeys, etc. The mangrove swamp sustains many different species of trees. The main species are of course the black and red mangrove, locally known as the 'Bako'. They are used in the construction industry for piling and also as charcoal for cooking and other usage.

Often mistaken as a wasteland, the tidal swamps in which mangrove thrive; enjoy a symbiotic relationship with prawns, fish and other coastal organisms. The Irrawaddy, or snubfin dolphin, inhabits rivers, estuaries and shallow coastal areas. The Santubong area is one of the best places in Sarawak to view this unusual looking marine mammal.

The dolphins are often seen swimming and diving around small fishing boats in the estuary. Occasionally they are seen playing in the open water. Visitors will need a keen eye to spot the dolphins at first, but after a short wait they can often be seen surfacing all around the boat. Return to the Boat Club for transfer to your hotel.

Duration: Approx. 3 hours

Inclusive of: Boat Services, Experienced English Speaking Guide, Return transfers to and from city hotels in A/C coaches

Fitness level: Easy (Nature & Wildlife)

Note: Wildlife sightings cannot be guaranteed, although we usually enjoy a high success rate

Minimum: 2 persons

Rate: MYR 140.00 per person





8. Evening Santubong Wildlife Cruise (1615 hrs – 1930 hrs | Half-day)

Proud winner of Hornbill Tourism Gold Awards (Best Tour Product)

This award winning tour takes you around the rivers of the Santubong Peninsular, offering you the chance of seeing some of Sarawak's fascinating wildlife. The cruise starts at Sarawak Boat Club. From there your boat cruises to the mouth of the Santubong River, where Irrawaddy dolphins are often spotted. Your boat then roams the mangrove-lined rivers looking for wildlife. As the light starts to fade we go in search of the rare proboscis monkey. Small groups are often seen in the treetops at the water edge, settling down for the night.

As dusk arrives we search for fireflies and crocodiles. Crocodiles are often seen on the mud banks and brightly shining crocodile eyes can be spotted when a torch light is passed over the river. After searching for crocodiles your boat proceeds further up river where fireflies gather at night.

Watch the fireflies move around the branches of the mangroves, momentarily lighting up the night sky. After enjoying a firefly light show you return to the boat club.

Duration: Approx. 3 hours

Inclusive of: Boat Services, Experienced English Speaking Guide, Return transfers to and from city hotels in A/C coaches

Fitness level: Easy (Nature & Wildlife)

Note: Wildlife sightings cannot be guaranteed, although we usually enjoy a high success rate. Wildlife commonly seen on this tour includes proboscis monkeys, estuarine crocodiles, macaque monkeys, fireflies, monitor lizards, silver-leaf monkeys. Irrawaddy dolphins and a range of bird life like White Belly Eagle, White Egret, Seagull, Kingfisher etc.. Cruises do not operate during rainy weather.

Minimum: 2 persons

Rate: MYR 165.00 per person

